



# AVEDA

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

NICHOLAS GRAHAM CONCEPT SALON & SPA

A photograph of a modern spa treatment room. The room features several white, curved treatment chairs arranged on a light-colored wooden floor. In the background, there are large mirrors and a white wall with the 'AVEDA' logo. The lighting is soft and ambient.

AVEDA

Our mission at Aveda is to care for the world we live in, from the products we make to the ways in which we give back to society. At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world.

# HAIR SERVICES

Our philosophy is customised creativity. Our innovative team of stylists will create a look that caters for you and your lifestyle.

After a thorough consultation, enjoy a Sensory Journey using natural essential oils and a stress-relieving head & shoulder massage before your service.

<b>STYLING</b>	<b>WOMEN'S CUT AND BLOW DRY</b>	<b>MEN'S CUT AND BLOW DRY</b>	<b>BLOW-DRY</b>
CREATIVE DIRECTOR	£52	£30	£30
EDUCATION DIRECTOR	£45	£28	£26
MASTER STYLIST	£41	£26	£24
TOP STYLIST	£34	£22	£20
STYLIST	£30	£20	£18
ASSISTANT	-	-	£16

## **SPECIAL OCCASION AND HAIR UP**

Our professional stylists are trained in the very latest catwalk and editorial looks they can create the perfect look for your special occasion. Prices on quotation.

## **NEW! HAIR STRAIGHTENING SERVICE**

Our new Smooth Infusion retexturising system is a permanent straightening treatment for straight sleek and shiny hair. It is formaldehyde free and infused with a blend of protective plant oils that leave hair smooth conditioned and easy to manage.

A Free consultation is required prior to the service a minimum of 2 hours is required for the treatment. Price on Consultation.

# AVEDA HAIR COLOUR SERVICES

Aveda Full Spectrum™ hair colour immerses hair in 97% naturally-derived formulas. Our deposit-only semi-permanent colour benefits from 99% naturally-derived formulas. All prices can be quoted before commencement of the service following your complimentary consultation.

	SHORT	MEDIUM	LONG
ROOT TINT	£36		
PERMANENT	£36	£41	£46
SEMI-PERMANENT	£32	£37	£42
COLOUR CHANGE	Price on consultation		
COLLECTION COLOUR	Price on consultation		

	QUARTER HEAD	HALF HEAD	FULL HEAD
HIGHLIGHTS	£41	£51	£72

## **AVEDA HAIR COLOUR GLOSSING TREATMENT >> £20**

A 99% naturally-derived treatment - with a soothing lavender aroma. Choose from either a clear gloss or a customised colour gloss to enhance your hair with extra shine.

We recommend you book a blow-dry following your hair colour or glossing treatment which is available from £16.

## **ENLIGHTENER BLONDING (FULL HEAD)**

The Enlightener Blonding will create a striking all over blonde from platinum to deep gold. The Aveda Enlightener products contain organic sunflower jojoba and castor oils for ultimate lightening on all levels, soothing blue camomile and cooling menthol for a more comfortable experience during the treatment.

Price on consultation

## **PATCH TEST**

We require you have a skin sensitivity test 48 hours prior to any colour service, including glossing service, if you have not had Aveda colour in the last 12 months.

# BOTANICAL THERAPY HAIR TREATMENT SERVICES

Six Customized Treatments to meet your specific needs transforming hair and scalp.

New botanical therapy salon treatments give you luminous, healthy looking hair by tapping the wisdom of Ayurveda(the ancient healing art of India),combining the power of touch with the aroma therapeutic essential oils to create a healthy scalp the foundation for beautiful hair.

Breakthrough plant micro technology penetrates strands for intense moisture or repair with customized treatments to meet your personal needs restoring balance to ecosystem of your scalp and hair.

Your hair will look healthier and shinier and feel soft and silky.

Experience botanical therapy treatments to bring out the full beauty of your hair.

**SCALP DETOX (INCLUDING SCALP MASSAGE) >> £14**

**SCALP BALANCE (INCLUDING SCALP MASSAGE) >> £14**

**MOISTURE OR REPAIR TREATMENT >> £12**

**COMPLETE HAIR AND SCALP TREATMENT**

(INCLUDING SCALP MASSAGE) >> £18

**EXPRESS HAIR RESCUE TREATMENT >> £12**

**INVATI TREATMENT FOR THINNING HAIR >> £18**

**BOTANICAL HAIR AND SCALP TREATMENT**

(INCLUDES BLOW-DRY HEAD AND HAND MASSAGE) >> £35

## **SPA**

Renew your sense of well being with a nurturing touch of the Aveda spa therapists.

Inspired by various plant based healing traditions from around the world, Aveda's spa and skincare philosophy, Elemental Nature is grounded in belief that everything in the universe (including the skin and the body) is composed of five elements - fire, air, water and earth.

Aveda believes in restoring balance to the five elements holistically by engaging all five senses (sight, smell, sound, taste, touch) through our pure aromas, plant based products, nurturing high touch treatments and unique sensory experiences.

### **Consultation**

Each treatment has added time scheduled for a consultation. Whilst you experience an aromatic foot bath, our therapists will consult with you to discover your elemental nature and will take you on a Sensory Journey in search of the aromas that will restore body to balance.

# AVEDA FACIALS

## **PURE FOCUS FACIAL** (35 mins) >> £28

Focuses on a specific area of concern this may be exfoliation, hydration or deep cleansing.

## **ELEMENTAL NATURE FACIAL** (60 mins) >> £45

This is a customized facial based on your specific needs this facial will leave your skin feeling fresh and renewed. Essential oils and aromas containing pure flower and plant essences are used to rebalance your skin.

## **OUTER PEACE BLEMISH RELIEF FACIAL** (60 mins) >> £45

A total solution for blemished skin includes deep cleansing removal of blackheads and milia. advice on diet and lifestyle tips are included.

## **GREEN SCIENCE ANTI AGEING FACIAL** (60 mins) >> £45

A combination of green science products and high touch skin therapy to renew, repair and regenerate the skin. The unique treatment is clinically proven to lift and firm the skin and to reduce fine lines and wrinkles.

## **ENBRIGHTENMENT SKIN BRIGHTENING FACIAL** (60 mins) >> £49

Brightening facial with the perfecting plant peel for the ultimate in brightening skincare. This powerful treatment will provide deep exfoliation and targeted treatment of hyper pigmentation to leave skin with a luminous glow and more even tone. A course of three is recommended.

## **BOTANICAL SKIN RESURFACING** (60 mins) >> £49

A natural alternative to microdremabrasion. This treatment uses the power of avedas tourmaline charged products combined with a high touch approach proven to leave the skin with a smoother and increased radiance. A course of three is recommended.

# AVEDA BODY

## AVEDA ELEMENTAL NATURE MASSAGE

A personalized massage experience based upon the Aveda Elemental Nature Philosophy and your favourite Aveda aromas. Depending on your needs a variety of massage techniques will be used.

**Back, Neck and Shoulder Massage** (30 mins) >> £28

**Back Neck, Shoulder and Head Massage** (1 hour) >> £42

**Full body massage** (1 hour) >> £45

**NEW! THAI MASSAGE** (45 mins) >> £46

Experience deep exfoliation with a nourishing. Customized oil. Using Thai pressure points stretching techniques to rebalance the body, this massage will leave you deeply relaxed, rejuvenated and ready to go.

**PREGNANCY MASSAGE** (1 hour) >> £45

Pregnancy massage assists in relieving discomfort reducing stress relieving mental and physical fatigue as well as improving circulation which in turn decreases swelling. Combined with these benefits is the opportunity for the expectant mother to be pampered and nurtured. Suitable from 14 weeks until birth of baby.

**CARIBBEAN THERAPY BODY TREATMENT** (1 hour) >> £49

A rejuvenating and nurturing body treatment that uses the Healing touch and plant ingredients of the Caribbean to Create an inner calm and renew the body and the senses. The treatment begins with a dry exfoliation followed by a smoothing detoxifying seaweed back and foot mask to smooth and detoxify. A restorative scalp face and body massage completes the island Inspired experience.

**REFLEXOLOGY** (1 hour) >> £45

Working on areas on your feet that correspond to areas of your body by applying pressure encouraging your body to naturally come back to balance.

## WAXING

Eye brow >> £10

Lip >> £8

Chin >> £8

Bikini >> £10

Underarms >> £10

Half leg >> £15

Full leg >> £22

Full leg and bikini >> £30

Arms >> £18

Full wax >> £50

## TINTING

Eye lash >> £14

Eye brow >> £8

# HANDS AND FEET

## **AVEDA SPA MANICURE**

This therapeutic treatment revitalizes your hands by incorporating shaping soaking, exfoliation, cuticle minimizing and massage to the hands and lower arm. Using Aveda's unique pure plant essences to improve the condition of the nails and cuticles, hands are visibly softer and smoother. Treatment includes a nail buff or an application of polish.

(45 mins) >> £30

## **AVEDA CARIBBEAN THERAPY PEDICURE**

A rejuvenating and nurturing foot treatment that uses the healing touch and plant ingredients of the Caribbean to improve the condition of the nail cuticles and feet. A special exfoliating paste and warm mask combine with Caribbean massage techniques to smooth and soften, relax and renew. Your choice of a nail buff or an application of polish.

(45 mins) >> £32

## **RESHAPE AND POLISH**

(15 mins) >> £12

## **GEL POLISH NAILS**

The nail system everyone's talking about. Everyone can enjoy having beautiful healthy nails using a revolutionary product that won't crack chip or peel. The ultimate girls nail system that lasts 4-6 weeks!

Choose from gel overlays in many colours your shade is then applied and activated under an uva lamp. The process takes 45 mins and won't damage the nail.

>> £28 Polish

# MAKE UP

Aveda make up is 100% plant minerals colour, no synthetic pigments for an earthy natural shade range

Application >> from £25

Application with Lashes >> from £35

# TANNING

## **VITA LIBERATA**

Vita Liberata is the 'A list' sunless self tanning company: odourless, organic and paraben free. Our mission is to help you achieve safe, healthy, glowing skin with the best self tanning range of product, service and value in the world.

You choose from 3 shades it is then applied perfectly by spray. Process takes approx 30mins. Perfect for a big event or a night on the town or just to give you a healthy glow!

Full Body Application >> £25

Half Body >> £15

Your Wedding at

# *The Ritual Room*

## A Unique & Exclusive Experience..

- Brides and their Party will be welcomed to their own private suite, with hot aromatherapy towels.
- Our Professional team of Bridal Specialists will then put in place your personalised bridal plan to ensure you and your party are perfectly pampered and polished for your Perfect day!

**Step 1** Book your Wedding Hair and Make up Trial!

**Step 2** Speak to our Beauty Specialist to ensure glowing skin and perfect nails.

**Step 3** We will put in place your Customised Bridal plan to include self care rituals to suit your individual needs.

**Step 4** Arrive on the morning of the Wedding and relax as we put in place your Personalised Plan.

### Complete your experience add...

Breakfast Platter Fresh Fruit Danish Pastries and Croissants. Tea Coffee and Infused Water. Champagne.

Group events at

# The Ritual Room

Parties/Corporate/Special Occasions

We are delighted to introduce an Exclusive Group Treatment Suite at Nicholas Graham Concept Salon and Spa. Created for Groups of Between 5 and 8 People, you can relax with your bridal party, celebrate an occasion or just enjoy spending some time with friends.

The Ritual Room is your very own private suite and each guest can choose two of these Mini Rituals!

- Elemental Nature Facial
- Elemental Nature Massage
- Make up Finishing Touch
- Just Eyes Make Up
- Balancing Scalp Ritual
- Soothing Foot Ritual
- Nurturing Hand Ritual
- Revitalising eye treatment
- Express Hair Rescue Treatment  
(only Available when Blowdry is added to package)

Then Pure Luxury when all guests will be greeted with

- Foot Ritual and hot towels scented with essential oils.
- Complimentary File and Polish fingers and toes for every guest.
- Private use of the Ritual room for 3 hours.
- A platter of your choice fresh fruit, pastries and croissants or sweet treats or savoury treats.
- Tea Coffee and Iced Water.

You can Add

Blow-dry From £16 | Spa gift From £20  
Champagne and Strawberries

**£49 per person**

## **Aveda Gift Certificates**

The perfect gift for both men and women for any occasion.

Gift Vouchers can be used for services and products.

Customised Packages can be created. Unique and exclusive options for Private or Corporate events or Individual guests.

## **Cancellation Policy**

As a courtesy to our service providers we kindly ask you to give us 24 hours notice for any amendments or cancellation of your booking.



**Don't forget to Add us on Facebook for all the latest offers and competitions!**

## **Nicholas Graham Aveda Concept Salon**

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For all bookings and enquiries:  
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### **OPENING HOURS**

Monday	9am-5pm
Tuesday	9am-5.30pm
Wednesday	9am-8pm
Thursday	9am-8pm
Friday	9am-5.30pm
Saturday	9am-5pm